

Winneconne MARBLE PARK

2018

GROUP RENTAL

Want to hold your summer party at the beach? Why not check out Marble Park Beach!

Large umbrellas are not available for rental. They are on a first come, first serve basis.

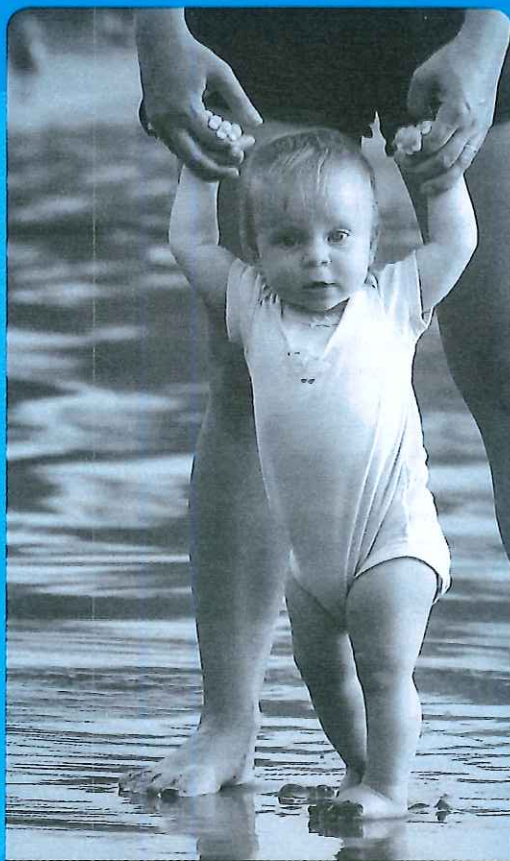
Groups of 20 or more will receive a 25% discount off of the daily rate.

LAP SWIM

We have set aside some quiet lap swim time—come enjoy our pond!

MONDAY-THURSDAY
11:00 a.m.–Noon

\$1/per visit
Season Passes apply.



FUN FOR THE WHOLE FAMILY

FOR MORE INFORMATION on Marble Park, please contact Lisa Bifano at lisabifano@oshkoshymca.org. Information available at www.oshkoshymca.org or by downloading the Oshkosh YMCA free mobile app.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM. PLAY. HAVE FUN ALL SUMMER LONG.



Winneconne MARBLE PARK | 2018

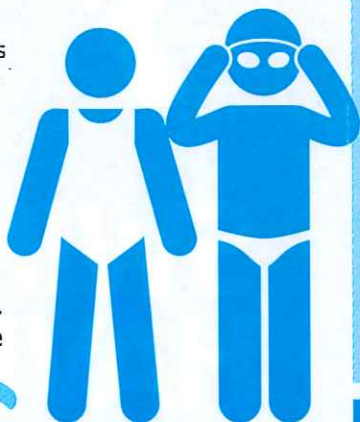
JUNE 2-AUGUST 26

OPEN SWIM: Monday–Friday 12:30–6:30 p.m.
Saturday & Sunday Noon–7:00 p.m.

OSHKOSH COMMUNITY YMCA

YMCA SWIM LESSONS AGES 3+

The Oshkosh Community YMCA will be offering swim lessons at Marble Park again this summer. **Your child will swim four times a week for 2 weeks, 35 minutes each lesson.** Pick preferred day, and time on the chart provided. Preschool level classes are limited to 4 students per instructor and youth level lessons are limited to 6 students per instructor. Your child will get plenty of water time and attention from our skilled instructors. We do everything we can to help our students learn to swim in a safe, values-driven environment. Please contact the aquatics director if you are unsure where to place your child – we can help!



FOR MORE INFORMATION contact
Lisa Bifano at lisabifano@oshkoshymca.org

Come and see us for a **FREE Swim Skill Assessment** to ensure accurate level placement!

If you are unsure which level to register your child for, see us for a free Swim Skill Assessment. Visit our website or free mobile app for specific dates and times.

FREE SKILL ASSESSMENTS!



NEW! LESSON STAGES

SWIM BASICS Preschool & Youth Stages

Kids learn personal water safety and basic swimming competency with two benchmark skills:

- Swim, float, swim: sequencing front glide, roll, back float, roll, front glide, & exit
- Jump, push, turn, grab

WATER ACCLIMATION



Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water. Stage 1 lays the foundation for future progress in swimming.

WATER MOVEMENT



Focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

WATER STAMINA



Students learn how to swim to safety from a longer distance than in previous stages if they've fallen into water. This stage introduces rhythmic breathing and integrated arm and leg action.

SWIM STROKES

Stage 4:
Preschool & Youth
Stage 5 & 6:
Youth only

Having mastered the fundamentals, students learn additional safety skills and build stroke technique, developing skills that prevent chronic disease, and foster a lifetime of physical activity.

STROKE ACCLIMATION



Students develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.

STROKE DEVELOPMENT



Students in Stage 5 work on stroke technique and learn all major competitive strokes. The emphasis on water safety continues through treading water and sidestroke.

STROKE MECHANICS



In Stage 6, students work on all major competitive strokes, learn about competitive swimming, and discover how to incorporate swimming into a healthy lifestyle.



MARBLE PARK SWIM LESSONS

MONDAY-THURSDAY

	Stage 1 PS	Stage 1 Y	Stage 2 PS	Stage 2 Y	Stage 3 PS	Stage 3 Y	Stage 4 PS	Stage 4 Y	Stage 5	Stage 6
9:00-9:35 AM									●	●
9:45-10:20 AM					●	●	●	●		
10:30-11:05 AM	●	●	●	●	●					
11:15-11:50 AM	●	●	●	●	●					

PS=Preschool • Y=Youth

For classes canceled due to inclement weather, your Y account will get credited.

SESSIONS:

MARBLE 1
June 18-28
(Registration ends 6/15)

MARBLE 2
July 9-19
(Registration ends 7/6)

MARBLE 3
July 30-Aug 9
(Registration ends 7/27)

FEE: \$30 per session

SWIMMING PASS FEES

Passes for sale at both YMCA locations through June 1. After June 1, the passes will be sold at Marble Park.

DAILY PASS \$4

YOUTH PASS (ages 3-16) Winneconne Resident: \$20* • Non-Resident: \$35

ADULT PASS (ages 16+) Winneconne Resident: \$35* • Non-Resident: \$5

FAMILY PASS Winneconne Resident: \$50* • Non-Resident: \$65

*Must show proof of Winneconne Residence

ALL SWIM LESSON REGISTRATION WILL BE DONE THROUGH THE Y.

TO REGISTER: Call 920-230-8439 or visit our website at www.oshkoshymca.org, click "Online Registration" and then search for "Marble."